Nutrition and Dental Health

Lesson Plan: How the U.S. Industrial Food System Affects Health

Reading Assignment and Resources:

- Center for Food Safety- www.centerforfoodsafety.org
- Northwest Earth Institute- www.nwei.org
- Food Inc.- documentary film watch in class

Assignment:

After viewing the film, Food Inc, visit the websites of Northwest Earth Institute and Center for Food Safety. Write an essay describing how pesticides used in the food industry can affect consumers and farm workers’ health, and explain how BPA can disrupt the endocrine system and affect health. Be sure to include a reference and title page. Other additional references may be used to write this essay.