Lesson objectives:
1. Students will be able to identify factors that involve working with people in the communities.
2. Students will be able to select from the list of community agency provided by faculty one volunteer activity that involves environmental sustainability.
3. Students will be able to reflect their experiences and perception in their journal.

Content Outline
1. Why is it important for nursing students to be involved with the community?
2. What should nursing students be aware of when working with people in the community?
   (Systems thinking: socio-economic backgrounds, social values, cultural beliefs, education level, religion, environment, family functions, social support, social justice, global citizen, and global education. All of these factors are interconnected and important in maintaining the existence of communities.)
3. If environment can affect human health, which activities regarding environmental sustainability do appeal to you? Why?

How will this lesson be evaluated?
- Classroom discussions
- Self-selected and participating in volunteer activity
- Journal recordings after volunteering activity

What is the desired outcome?
- Students will be able to discuss and list the factors that they should be aware of when working in communities.
- Students will be able to select at least one volunteer activity that is related to environmental sustainability from the list provided by faculty.
- Students will be able to describe their experiences in their journal.

The Multiple Pathways Model: Orchestrating and Learning
Planning for maximum attention

Introduce the topic (5 minutes):
   Point A (What is the objective?): What factors should nursing students be aware before working in communities?
   Action plan (How to get from point A to B?): This course is the only course in the nursing program that addresses the recognition of human impact on environment (Learning Outcome #10). As nursing students, how much do you know about the affect of human impact on environment and other beings in eco system?
   Point B (Where do I want to be measurable outcomes?): As nurses in the community, what can you do to promote a healthy environment that leads to healthy people 2020?

Lesson: 15 minutes (session 1)
1. Big Picture or Main Point (1 minute and begin with a real experience, not a definition) Story telling about experience with Oleta River and Evergrades Immersions
Modified from Dr. Zadina’s format, 2011
2. **Explanation** (9 minutes): List two factors involved with working in communities and ask students to identify more factors.

3. **Change of State Activity** (10 minutes): Students will select one volunteer activity that involves environmental sustainability from a list provided.

4. **Measuring the outcome**: Students will be able to document their experiences in the journal after participating in the selected activity.

Resources:

http://www.earthethicsinstitute.org/bookshealth.asp

http://www.earthethicsinstitute.org/ChildrenEcological.asp

http://www.earthethicsinstitute.org/healtheducationweblinks.asp

http://www2.epa.gov/learn-issues/learn-about-health-and-safety


Modified from Dr. Zadina’s format, 2011