Prapapis Pitayapisut

Miami Dade College, Medical Campus
Nursing Discipline

Lesson Plan: Organic farm: sustainable food system with community support

Course description:
This course is designed to acquaint students with current ethical issues in health care and the environment. Students will analyze issues/dilemmas using ethical decision making models. Students will learn the process involved in advocating for change in the health care setting and the global environment.

MDC Learning Outcomes that are addressed in this course:
This course addresses the following MDC learning outcomes: at support
- #6 Creates strategies that can be used to fulfill personal, civic, and social responsibilities.
- #7 Demonstrate knowledge of ethical thinking and its application to issues in society.
- #10 Describe how natural systems function and recognize the impact of humans on the environment.

Learning Objectives: Students will be able to:
- choose to visit an organic farm as a part of their experience in community services.
- identify the differences between a conventional agriculture for business and a community supported agriculture
- describe their experiences after volunteering on the farm.

Teaching content
- Conventional agriculture for business VS community agriculture for its residents
- Organic food and requirement of the USDA organic certification
- Benefits of organic food for health.

Strategies:
- Introduce Verde farm to the class (http://www.verdefarmandmarket.com/#!/farm/cjq9) via e-mail.
- Organize at least 6 scheduled days for students to visit Verde farm and engage students in direct and active learning experience. Each session is 5 hours
- Collaborate with the farm manager for discussion about community support farm and the requirement for USDA organic certification.
- Assign a journal entry after the volunteer experience.
- Discuss their experiences and health benefits of organic food in the reflection class.
Resources:
http://www.verdefarmandmarket.com/#/farm/cjg9
http://www.wsvn.com/story/29995748/verde-kitchen-cafe
http://www.helpguide.org/articles/healthy-eating/organic-foods.htm