

ESOL (English for Speakers of Other Languages)

Main Office 2402
Phone (305) 237-8768

Hialeah Campus

Syllabus

Reference # 20524
Class Schedule: ESOL Level 5

Instructor: Angela Santos

Required Texts:

1. Textbook: *Excellent English. Language Skills for Success* by Mackay, Vargo, Vittorio, Forstrom, Pitt, and Velasco
2. Workbook: *Excellent English. Language Skills for Success.*
3. Staying Healthy (Health Literacy Grant)

Important Dates:

First day of classes: 10/19/16
Last day of class: 12/16/2016

Course Description: Students develop writing, reading, speaking and listening skills necessary for improving work related skills and everyday situations. Classes help students improve their English skills and public speaking abilities. The duration for each level is 8 weeks. Classes include the Staying Healthy resource book.

Teaching methods: Video; class discussion; collaborative activities; dictations; and DVD's, lecture, or other.

Attendance Policy: Students should come to every class in order to obtain the most complete educational experience. Participation in this class is only possible if you attend class. If you arrive late to class it is your responsibility to notify the instructor at the end of class in order to change your absence to a tardy; otherwise you will be marked absent.

Please note:

70% of attendance of 100 hours is required.

Tardiness: If you are late, please enter quietly and join in the class activities. For every 4 times that you arrive late or depart early, this will count as one absence. Exceptions may be made if you provide documentation which demonstrates that you had a serious illness, injury or court appearance.

Expected Behavior:

During class time, electronic devices capable of disturbing our ability to concentrate and focus will not be allowed – that includes, cell phones, beepers, talking dictionaries, intrusive watches, etc.... NO eating or drinking while class is in progress. Additionally, you are expected to conduct yourself properly at all times. Please refer to the college's Code of Conduct which can be accessed at:

<http://www.mdcc.edu/pdf/procedures/4071.pdf> .

ACTIVE PARTICIPATION is required.

English only will be spoken in the classroom.

Grading:

The student is required to pass the CASAS Exam conducted at the end of each term in order to get promoted to the next level.

Staying Healthy Resource Book: Unit 4, 5, 6
11/14/16 through 11/28/18

CASAS Competencies:

- 3.3.2 Interpret Medicine labels (traditional and homeopathic medicines)
- 3.3.3 Interpret product label directions and safety warnings
- 3.5.1 Interpret information on food labels

Learning Objectives:

Preventing or controlling disease, injury, and disability related to the interactions between people and their environment

Promote health for all through a healthy environment

Lesson Plan

Maintaining a healthy environment is central to increasing quality of life and years of healthy life.

- **ESOL students will learn that environmental factors are diverse and far reaching. They include: Exposure to hazardous substances in the air, water, soil, and food**
- **Nutritional deficiencies**
- **ESOL students will understand that poor environmental quality has its greatest impact on people whose health status is already at risk. Therefore, as adults they must protect themselves from environmental factors that increase the likelihood of exposure and disease**

- **Students will learn to understand the signs, labels, and directives provided in medicine labels to protect themselves from commercial hazardous substances and from over the counter, prescription and homeopathic medicines**

Practice the activities on page 40 and 41 and role play activities on pages 43.

Students will download the conversations on page WebMD Medical Reference from Healthwise and practice the dialogue.

Students will check their learning by completing the end of chapter assessment pages 47-48.

Students will write a formal paper summarizing the significance of maintaining a healthy body, and a healthy mind by selecting alternatives to hazardous cleaning materials, drinking clean water and eating nutritious food. Also will include why protecting water sources and minimizing exposure to contaminated water sources are important parts of environmental health. Students will attend one of the Lunch and Learn activities offered at the Florida Blue Hialeah center regarding this subject.

In addition, students will also interpret medicine labels and interpret product label directions and safety warnings page 60. Learn and practice key vocabulary on page 61.

Resource Book: Looking at food product labels and grouping on page 64

Activity: How People Get Their Water www.epa.gov

www.reepworld.org/englishpractice/index.htm

References

World Health Organization (WHO). Preventing disease through healthy environments. Geneva, Switzerland: WHO; 2006.

References continued

Srinivasan S, O'Fallon LR, Deary A. Creating healthy communities, healthy homes, and healthy people: Initiating a research agenda on the built environment and public health. Am J Public Health. 2003 Sep; 93(9):1446-50.